

## READING LIST

### Adaptation

Home Coming John Bradshaw

### Anger

The Dance of Anger Harriet Lerner

Anger - The Misunderstood Emotion Carol Tavris

### Counselling

The Skilled Helper Gerard Egan

### Crisis Management

People in Crisis Ross Hoskinson

### Drug User

Candy Luke Davies

Trainspotting Irvine Welsh

Heroin Crisis John Cashin

The Basketball Diaries Jim Carroll

Heroin Myths & Reality Jara Kirvanek

### Families & Drugs

Kids + Drugs Paula Goodyer

Saving Jessie Imogen Clark

Making Peace with Your Parents Harold Bloomfield

### Fear

Love is Letting Go of Fear Gerald Jampolsky

Feel the Fear and Do It Anyway Susan Jeffers

### General - Personal Development/Self Esteem/Inspiration

The Road Less Travelled M Scott Peck

The Velveteen Rabbit Marjorie Williams

Care of the Soul Thomas Moore

Your Erroneous Zones Wayne Dyer

Talking to Ducks James Kitchens

The Prophet Kahlil Gibran

Man's Search for Meaning Viktor Frankl

Making Contact Virginia Satir

### Grief/Loss/Bereavement

It's Ok that you're not Ok Megan Devine

Coping with Grief Dianne McKissock

Who Dies Stephen Levine

The Denial of Death Ernest Becker

### Motivational Interviewing

Motivational Interviewing William Miller & Stephen Rollnick

### Over Responsibility

Rachel's Story Sandra Goldblum

### Relationships

Really Relating David Jensen & Margaret Newman

### Transactional Analysis

I'm OK - You're Ok Thomas Harris

Games People Play Eric Borne

### War on Drugs

Chasing the Scream Johann Hari

Rough Deal David Heilpern & Steve Bolt

Drug Crazy Mike Gray

From Mr Sin to Mr Big Desmond Manderson

Smoke and Mirrors: The War on Drugs and the Politics of Failure Dan Baum