



IGL ENDORSED PROGRAM CRITERIA REPORT

Assessor's name: Pamela Cohen, Trish Nove and Andrew King

Is this application submitted by an:

- Individual
 Organisation

Applicant: Tony Trimingham and Theo Chang

Organisation: Family Drug Support

Address: PO Box 7363, LEURA NSW 2780

Program writer/s: Program written by Tony Trimingham and based on an idea by Dr Bruce Fisher. The original model was developed by Tony Trimingham, Jon Rose and Claudia Hoareau. Theo Chang has provided updates to the program. Antonia Ravesi wrote the workbook with Tony Trimingham.

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Name of Program submitted for IGL endorsement: Stepping Stones to Success

Level of Endorsement awarded:

- IGL Endorsement
 IGL Endorsement Silver Award
 IGL Endorsement Gold Award

Is this program available for use by other organisations or individuals?

- Yes No

I Incomplete
C Competent
W Well developed
E Excellent

1. Uses an explicit model of change	I	C	W	E
The theoretical rationale underpinning the intervention must be made explicit.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
The program must be derived from empirical research which clearly demonstrates that it produces meaningful positive changes in people's lives.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
A clear set of objectives has been articulated for the program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<p>Comments: A clear theoretical underpinning is articulated and the Program is derived from a series of frameworks that have demonstrated change in people's lives. Excellent statement of rationale and objectives. No long term evidence of change but well developed methods of establishing change in the immediate time frame of the program.</p>				
2. Identifies who should facilitate the program				
Program clearly outlines the qualifications, knowledge, life experiences or training that is required by the facilitators.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<p>Comments: This section is described clearly and thoroughly.</p>				
3. Identifies what participants should attend this program				
Selection criteria for program participation must be consistent with clear identification of the program target group and who should not attend for specific reasons i.e. mental health or experiencing an immediate crisis reasons.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<p>Comments: Excellent and clear statements here. Very clear and well spelt out at the same time explaining limits.</p>				
4. States the program's length, frequency, intensity and environment				
The group has an adequate duration to meet group members' needs.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Program uses a range of interventions that reinforce each other in addressing relevant issues.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Other related programs complement this program design.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p>Comments: Very thoroughly described, building in ongoing support at a number of levels and creating the best potential for change to occur and be maintained. <i>It cannot be known from the work done so far that the group is of adequate duration. This could only be determined by long-term follow up. Most group programs are not of adequate duration so this is not a criticism of this program any more than others of a similarly brief nature.</i></p>				
5. Uses appropriate and balanced selection of interventions and exercises				
The program must demonstrate that the proposed intervention methods are appropriate and effective in addressing identified participant needs and allow for maximum participant involvement.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Primarily based on psychoeducational group interventions are behaviourally based, including cognitive-behavioural, social learning, modelling, graduated practice of new skills, role playing, providing resources and concrete verbal suggestions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<p>Comments: The program interventions are selected to validate and demonstrate the use of the theoretical frameworks chosen and at the same time draws on the strengths of the group members to assist in facilitating change. <i>A wide range of intervention methods is used along with very sound thinking that supports the most important dynamic of all, namely mutual aid. Although the Mutual Aid Model was not specifically identified here, its underlying principals are used and understood. It might be very useful in training potential leaders to articulate the Mutual Aid Model and teach the specific skills needed by a group leader to ensure that the potential for mutual aid in the group is brought out.</i></p>				

6. Achieves program integrity through the clear use of sound concepts	I	C	W	E
Clear instructions are given to facilitators about how to implement individual activities.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
The program articulates what essential information that is required for each session.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Program is well documented and presented.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Minimum and maximum group size has been specified.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Copyright issues have been appropriately addressed through acknowledgment or permission being sought.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<i>Comments:</i> The program integrity is high and all aspects of the above are achieved at an excellent level.				
7. Uses on-going monitoring and evaluation as part of the program				
The program design must include a guide to how the program is to be evaluated.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Provides evidence of regular program review and refinement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<i>Comments:</i> The process of the program is documented very well. The changes made by individuals in their behaviour / knowledge, is less clearly demonstrated. There was definitely evidence of ongoing review and refinement.				
8. Provides evidence of regular program review and refinement				
The Program should be reviewed periodically and adjustments made to the program.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Version control is used	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<i>Comments:</i>				
9. Utilises the use of a significant internal evaluation process that is documented and publicly available				
To achieve a Silver Award, a significant internal evaluation process has been used.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
This may involve the organisation, team or individual collating all the evaluation data and creating a comprehensive report that is publicly available and achieves criteria 1-8.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<i>Comments:</i> A high level internal evaluation has been conducted using significant levels of data gathered from a pre-post questionnaire. Copy of the report is on the website.				
10-11 Utilises an independent evaluation process				
To achieve a Gold Award, a significant external evaluation process has been used and achieves criteria 1-8.				
Evidence of how the external evaluator was selected needs to be provided and what the evaluation involved.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A copy of the evaluation report needs to be submitted as part of the endorsement as well as evidence of how any recommended changes were implemented.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
An article needs to be published in a recognised journal.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Comments:</i> A more comprehensive long term external evaluation is planned, which will more accurately be able to assess the sustainability of the changes initially made. Assuring that the objectives are more measurable can assist. <i>Further assessment will be enhanced by a follow-up study at 6 and 12 months to see if the changes identified in the pre and post questionnaires are maintained.</i>				